



## I'm a connector: ideas to strategy, strategy to plans, plans to action, people to opportunities

I'm known as a dynamic facilitator and a supportive and challenging coach. I'm passionate about empowering individuals and organisations to make the world a better place.

**I specialise in:** strategy and planning, stakeholder engagement, governance and leadership development.

- **Governance:** Take on Board: KickStarter, Take on Board: Accelerator, one-on-one governance coaching, one-off governance strategy session, board evaluations
- **Facilitation:** strategy and planning workshops, stakeholder engagement workshops, team or leadership development workshops
- **Coaching:** one-on-one individual coaching, one-off strategy session

### Leadership roles

Formerly CEO of Hotham Mission Asylum Seeker Project, Assistant Secretary of the Australian Services Union and facilitator at Sustainability Victoria. More on [LinkedIn](#).

### Board roles

- **Current:** Chair, Victorian Asbestos Eradication Agency, board member at Workplace Injury Commission and member of the Boards Ministerial Advisory Committee for the Victorian Department of Health
- **Former:** Royal Women's Hospital board, Centre for Sustainability Leadership (chair), Social Housing Victoria, YWCA Victoria, Community Services and Health Industry Training

### Qualifications and professional development

- Bachelor of Arts, Bachelor of Laws (Monash)
- Barrister and solicitor, Supreme Court of Victoria
- Fellow, Williamson Community Leadership Program
- Fellow, AICD (FAICD)
- International Coaching Federation certification

### I am proud of:

- **Hosting the Take on Board podcast** and being a part of the supportive Take on Board community of women.

### Testimonials

*"Helga stepped in with professionalism and good humor to support us to develop and deliver a staff values session during a very busy January for Grampians Health, pivoting with grace and ease to online delivery. She quickly understood the task and delivered an engaging and well-documented session."*

**Jennie Courtney, Project Lead, Grampians Health**

*"Helga is an expert at reading a room, and keeping participants engaged and focused. She is an outstanding and generous networker, genuinely interested in people and in advancing the collective good."*

**Anne Demant, Head of Impact, Australian Communities Foundation**

*"Working with Helga, we've ensured everyone's connections have gone from strength to strength, trialing a wide range of virtual tools and engaging meaningfully. Helga is a joy to work with, taking on ideas and helping them come to fruition."*

**Kirsten Coster, Manager Planning Transformation, Melbourne Water**

[Read more testimonials](#)

